



The BlueEQ Learning Journey

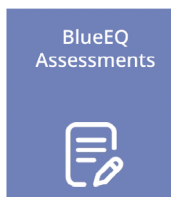
Leading with Psychological Safety

The *BlueEQ Learning Journey* is a transformative experience that builds emotional intelligence and creates a resilient, high-performing culture of psychological safety. Spanning 3 to 6 months, it strategically sequences learning for real-world application, reflection, and sustainable growth. Our process engages leaders through psychometrically validated assessments, AI-driven learning technologies, virtual and in-person sessions, and team coaching, driving continuous skill development and impactful behavioral change. Each element builds on prior learning, with flexible pacing and tailored steps



BlueEQ Leading Culture Assessment™

Understand the heartbeat of your organization with the PS16 Psychological Safety Leading Culture Assessment. Beyond measuring the 4 Quadrants of Psychological Safety, this assessment reveals how team culture, management practices, career growth, and engagement are impacted, offering insights to build a thriving, resilient organization.



The **MasterSeries** workshops are crafted to strengthen the key behaviors essential for building high-performing teams—behaviors that many leaders find challenging. These highly interactive sessions include assessments, case studies, and breakout discussions and are available virtually or in-person



The **MasterClasses** lie at the heart of the BlueEQ methodology, offering a discovery-based experience focused on self-awareness and team impact. The sessions begin by exploring emotional intelligence—how participants “show up” in the workplace—and progress to understanding how their skills and behaviors influence the team. They are designed to cultivate self-leadership and impactful influence on others.



Effective Conflict Management - Objective: Equip yourself with essential skills to manage conflicts effectively, fostering collaboration and strengthening team communication.

Speak Up Leadership - Objective: Build a thriving speak-up culture through psychological safety, empowering teams to innovate and embrace diverse perspectives.

Mastering the Art of Influence - Objective: Discover emotional intelligence and persuasive communication techniques to influence positive change and build collaborative relationships in dynamic environments.

Leading with Psychological Safety - Equip your team with the skills to create a fearless, collaborative workplace where everyone feels empowered to contribute at their highest level, speak up confidently, and drive innovation. This interactive 4-hour in-person or virtual session explores the 4 Quadrants of Psychological Safety™—Learner, Collaborator, Challenger, and Inclusion Safety—offering practical strategies to boost engagement, trust, and team performance. Participants develop a 90-day personalized plan, reinforced by peer coaching and pre- and post-training assessments, to ensure long-term, measurable growth in psychological safety.

Individual and Team

Extend and deepen the impact of your Assessments, MasterClasses and MasterSeries experiences with targeted post-workshop coaching designed for sustained behavioral change. These high-impact virtual or in-person sessions are proven to reinforce accountability, support practical application, and drive meaningful, long-term transformation. Typically structured at 30, 60, and 90-day intervals—customizable to meet your team’s unique needs—this coaching approach ensures that each participant or team can effectively implement new skills, measure progress, and achieve lasting results aligned with your organization’s objectives.

